

MINISTRY OF FOOD AND AGRICULTURE
STATISTICS RESEARCH AND INFORMATION DIRECTORATE
MARKETING SERVICES UNIT
MONTHLY AVERAGE RETAIL MARKET PRICE, GHC per Kg/Litre

REGION.. WESTERN

DISTRICT: TARKWA-NSUAEM

MARKET: TARKWA

TYPE O URBAN

YEAR: 2026

REPORTING MONTH:

Jan-26

	Commodity	Average Price (GH¢) per Kg/Litre					
		Week 1	Week 2	Week 3	Week 4	Week 5	Average
1	Maize (White)	12.81	12.81	12.81	12.82		12.77
2	Maize (Yellow)	12.73	12.73	12.73	12.73		12.73
3	Millet	17.90	17.87	17.88	17.89		17.83
4	Sorghum	17.61	17.69	17.68	17.81		17.70
5	Rice Local (perfumed)	22.60	22.60	22.71	22.71		22.66
6	Rice Local (non perfumed)	21.20	21.56	21.51	21.80		21.52
7	Rice Imported (perfumed)	29.71	29.88	29.80	29.56		29.74
8	Rice Imported (non perfumed)	23.60	23.62	23.47	23.81		23.63
9	Yam (White)	21.60	21.60	21.81	21.82		21.71
10	Yam (Puna)	25.80	25.81	25.72	25.81		25.79
11	Cocoyam	24.21	24.31	24.21	24.56		24.32
12	Cassava	4.51	4.32	4.54	4.42		4.45
13	Gari	18.12	18.01	18.02	18.24		18.10
14	Dried Cassava Powder (Kokonte)	20.61	20.61	20.61	20.62		20.61
15	Dried Cassava Chips (Kokonte)	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!		#DIV/0!
16	Plantain (Apentu)	53.56	53.51	53.61	53.51		53.55
17	Plantain (Apem)	45.31	45.21	45.34	45.31		45.29
18	Banana (Exotic)	46.20	46.51	46.56	46.62		46.47
19	Banana (Local)	47.11	47.21	47.21	47.81		47.34
20	Orange	25.31	25.21	24.91	25.31		25.19
21	Watermelon	5.36	5.61	5.64	5.91		5.63
22	Pineapple	6.13	6.01	6.46	6.61		6.30
23	Mango (Exotic)	23.10	22.10	24.02	25.21	#DIV/0!	23.61
24	Mango (Local)	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
25	Coconut (Fresh)	7.01	7.01	7.01	7.01		7.01
26	Tomato (Local)	23.81	23.82	23.82	23.85		23.83

	Commodity	Average Price (GH¢) per Kg/Litre					
		Week 1	Week 2	Week 3	Week 4	Week 5	Average
27	Tomato (Navrongo)	35.71	35.75	35.75	35.61		35.71
28	Garden Egg	20.68	20.64	20.68	20.67		20.67
29	Okro (Fresh)	22.70	22.67	22.60	22.65		22.66
30	Okro (Dried)	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!		#DIV/0!
31	Onion	19.01	19.03	19.04	19.12		19.05
32	Ginger	60.21	60.50	62.21	61.56		61.12
33	Dried Pepper (Legon 18)						#DIV/0!
34	Fresh Pepper (Legon 18)	35.21	35.35	35.24	35.12		35.23
35	Fresh Pepper (Bonnet)	23.56	23.31	23.31	23.56		23.44
36	Palm Fruit	13.81	13.80	13.91	13.87		13.85
37	Tiger Nut						#DIV/0!
38	Unshelled Groundnut	#DIV/0!	#DIV/0!	21.06	21.06		#DIV/0!
39	Groundnut (Red)	25.81	25.52	25.51	25.61		25.61
40	Cowpea (White)	30.71	30.73	30.70	30.72		30.72
41	Soya Bean	17.50	17.50	17.50	17.50		17.50
42	Melon seeds (Agushi)	105.80	105.80	105.80	105.80		105.80
43	Melon seeds (Agushi) Powder						#DIV/0!
44	Melon seeds (Neri)						#DIV/0!
45	Melon seeds (Neri) Powder	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
46	Groundnut Oil	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
47	Palm Oil	24.30	24.30	24.32	24.12		24.26
48	Coconut Oil	58.21	58.21	58.22	58.21		58.21
49	Beef	45.67	50.10	50.00	50.00		48.94
50	Pork	40.10	40.23	40.53	41.21		40.52
51	Smoked Herring	110.23	110.21	110.24	110.21		110.22
52	Salted Dried Tilapia (Koobi)	85.10	85.20	85.01	85.20		85.13
53	Anchovy	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
54	Kako	100.12	100.56	106.21	100.36		101.81
55	Egg (Commercial), Crate	65.00	65.00	67.05	65.50		65.64
56	Live Bird	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
57	Chicken	50.00	50.00	50.00	50.00		50.00
58	Nkontomire						#DIV/0!
59	Ademe/Ayoyo (jute mallow)						#DIV/0!
60	Alefu (Amaranthus)						#DIV/0!
61	Cabbage	45.20	45.05	45.21	45.52		45.25
62	Lettuce						#DIV/0!

	Commodity	Average Price (GH¢) per Kg/Litre					
		Week 1	Week 2	Week 3	Week 4	Week 5	Average
63	Carrot	51.90	51.21	51.21	52.31		51.66
64	Pawpaw						#DIV/0!
65	Avocado Pear						#DIV/0!
66	Bambara Bean	36.01	36.21	36.41	36.21		36.21
67	Mutton (Sheep meat)						#DIV/0!
68	Chevon (Goat meat)	110.00	115.00	110.21	115.00		112.55
69	Snail	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
70	Sweet Potato (general:white and pinkish)	10.70	10.71	10.71	10.72		10.70
71	Sweet Potato (ORANGE)				#DIV/0!	#DIV/0!	#DIV/0!
72	Cassava Dough	7.8	7.82	7.71	7.812		7.79
73	Fresh Cow Milk	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!	#DIV/0!
74	Fresh Red Fish	46.5	46.581	46.81	46.82		46.68
75	Fresh Salmon (Mackerel) Fish8i	48.71	48.78	48.7144	48.7211		48.73
76	Fresh Kpanla Fish						#DIV/0!
77	Plantain (Ripened)	83.24	83.12	83.21	83.11		83.17